

## **Impatience and Irritability**

1. How does the author define impatience for the purposes of this discussion? P.116 Do I fall under this definition?
2. In what two ways does the author suggest that our impatience is expressed? P. 116 Does my impatience fall into one of these categories or do I use another expression?
3. The author states that “because of our sinful flesh, we never arrive in the virtue of patience”. P. 116 In what ways do you feel you are gaining or losing ground in this struggle? How are you responding to the opportunities “for the flesh to assert itself”?
4. On page 117 and 118, the author lists several Scriptures that speak to the virtue of patience. They suggest that the virtue of patience is to be cultivated and impatience is a sin to be out to death. How can we do these?
5. The author now switches to irritability. What is the definition he suggests? P. 118 What is the relationship between irritability and impatience?
6. How can 1Peter 4:8 help us to overcome our irritability tendencies? P. 118
7. Am I as severe with my own subtle sins as I am with the vile sins of others?