

Chapter 16

The Weeds of Anger

1. The author begins the lesson by saying that anger is not to be accepted as part of our lives. What does he believe results from the attitude that accepts anger as natural? P. 129.

2. In Ephesians 4:26, Paul assumes that we will become angry at times. What is his suggestion for handling that anger? P. 130

3. The author lists 5 results from holding on to anger ... resentment, bitterness, enmity/hostility, grudge, and strife. Discuss these conditions. Have you ever been a doer of one or more of these? Have you ever been a victim of them? That was the outcome? P. 130-134.

4. The author now turns to dealing with anger. How does the sovereignty of God relate to dealing with anger? P. 133-134.

5. The author states “love that overlooks an offence doesn’t just happen”. How does he suggest that we come by this kind of love? What does that kind of love look like? P. 134-136.

6. Discuss how and why forgiveness is a key in dealing with anger. How is God’s glory involved in our dealing with anger? P. 135-137.

7. The author suggests that there are times when anger is justified. What might be some instances and what must be avoided in the process? P. 139